

## **Children & Young People Select Committee**

A meeting of Children & Young People Select Committee was held on Wednesday, 14th January, 2009.

**Present:** Cllr David Harrington (Chairman), Cllr Jim Beall, Cllr Phillip Broughton, Cllr Mrs Ann Cains, Cllr Mick Eddy, Cllr Maurice Frankland, Cllr Miss Barbara Inman, Cllr Alan Lewis

**Officers:** Elizabeth Shassere (CESC), Graham Birtle and Tanya Harrison (LD)

**Also in attendance:** Cllr Dick Cains, Scott Lloyd (PCT)

**Apologies:** Cllr Andrew Sherris, Mr D Campbell and Mr G Davies

### **CYP 62/08      Declarations of Interest**

There were no declarations of interest.

### **CYP 63/08      Draft Minutes - 3rd December 2008**

The draft minutes of the meeting held on the 3rd December 2008 were agreed as a correct record.

### **CYP 64/08      Review of Obesity**

Members discussed the draft report including conclusions and recommendations following their review of obesity. The final report would be submitted to Executive Scrutiny Committee on 27th January 2009 and Cabinet on 5th February 2009.

It was acknowledged that as a result of the recommendations there would be a huge resource implication, however if immediate efforts were not made to tackle obesity the resource implications would be far greater in the future. Members requested that the resource implications be shown in the final report.

Committee wished to express their thanks to everyone who assisted with the review. Also the Chair thanked all Members of the Committee for the contributions they had made to the report.

The Committee welcomed back Councillor Maurice Frankland after a long period of illness.

CONCLUDED that the amended report be submitted to executive Scrutiny Committee and Cabinet for endorsement.

### **CYP 65/08      Work Programme**

**To prepare questions for witnesses attending the next meeting**

**To review the project plan in respect of the current review**

**To discuss ideas for future review topics**

Members were updated on the work programme.

CONCLUDED that Peter Seller and Simon Wilson will attend the next meeting on 11th February to present monitoring reports.

**CYP  
66/08**

### **Chairman's Update**

Members were presented with information regarding physical activity and pedometers from Scott Lloyd (Health Improvement Specialist) to tie in with the Governments recommendation for adults to walk 10,000 a day to attain/maintain physical health and fitness which also tied in to the Committees review on Obesity.

Members were instructed on the use of the pedometers and tested them out.

The Chair advised that he would try and organise a photo opportunity to promote the review and the 10,000 steps a day promotion.

CONCLUDED that:

1. Members thanked officers for the pedometers.
2. The Chair will advise Members in regards to the organisations of a photo opportunity to promote the review and the 10,000 steps a day promotion.